Burgers

All Burgers Are 1/3 Pound...Topped With Lettuce, Tomato & Mayo

Old Fashioned Burger... 6.50 ~ Cheeseburger... 6.95
Bacon Cheese... 7.50 ~ Mushroom, Onion & Swiss... 7.50

Patty Melt... 7.50 Sautéed Onions & Swiss on Grilled Rye.

Specialty Subs

- * Italian Combo... 8.25 Ham, Genoa Salami, Spicy Cappy Ham, Provolone Cheese, Lettuce, Tomatoes, Red Onions, Banana Peppers, Black Olives, Deli Mustard & Mayo, Oil n'Vinegar and Spices.
- * Meat Combo... 8.50 Roast Beef, Ham, Turkey with Swiss & American Cheese, Lettuce, Tomatoes, Red Onions, Mayo & Mustard.

Turkey Club Sub... 8.25 Turkey, Bacon, Swiss Cheese, Lettuce, Tomatoes, Red Onions & Mayo. (Yummy!)

Chicken Cheese Steak... 8.25 Chopped and Sliced Chicken Breast Topped with a Mixture of Onions, Bell Peppers, Mushrooms, and Provolone Cheese. Just as Good as Our Philly!!!

Philly Cheese Steak... 8.25 Thinly Sliced Beef Topped with a Mixture of Sauteed Onions, Bell Peppers, Mushrooms & Provolone Cheese.

* Indicates One of Our Local Favorites

Specialty Wraps

Wraps...Choice of Wheat, Tomato Basil, Spinach or Garlic Herb

Garden Turkey Wrap... 7.75 Fresh Spinach Leaves, Tomatoes, Red Onions & Ranch Lite Dressing In a Tomato Basil Wrap !!!

Club Wrap... 7.95 Ham & Turkey with American & Provolone Cheese, Bacon, Chopped Lettuce, Tomatoes & Mayo In a Tomato Basil Wrap!

Veggie Wrap... 7.50 Fresh Spinach, Tomatoes, Onions, Black Olives, Cucumber, Carrots & Ranch Lite Dressing In a Spinach Wrap

Santa Fe Wrap... 8.25 Grilled Chicken Strips, Chopped Lettuce, Tomato, Red Onions, Salsa & Lite Cream Cheese In a Wheat Wrap

Chicken Caesar Wrap... 8.25 Grilled Chicken Strips, Romaine Lettuce, Tomatoes, Parmesan Cheese & Caesar Dressing In a Garlic Herb Wrap

BLT Wrap... 7.50 Boars Head Bacon, Lettuce, Tomato & Mayo in a Garlic Wrap

NEW Buffalo Chicken Wrap... 8.25 Seasoned Grilled Chicken tossed in Red Hot, wrapped up with Cheddar Cheese, Lettuce, Tomato, Red Onion. A touch of ranch dressing to cool things down. All rolled up in a flour Tortilla.

**NEW Pittsburgh Wrap... 8.25 Our Version of the Pittsburgh Classsic.

Seasoned Steak, Onions, Provolone Cheese Topped with Coleslaw & Home Fries.

Wrapped in a Flour Tortilla

"Check Out Our Daily Specials"

Salads and More...

Dressings: Ranch, Lite Ranch, Italian, 1000 Island, Balsamic, Honey Mustard, Oil & Vinegar

Garden Salad... 5.95 Lettuce, Tomatoes, Cucumbers, Red Onions, Carrots, Black Olives, & Croutons choice of dressing.

Salad Platter... 8.25 Our Garden Salad* Topped with a scoop of our "Fresh Homemade" Chicken Salad, Tuna Salad (Albacore) or Egg Salad.

Chef Salad... 8.75 Our Garden Salad* Topped With Turkey, Ham, American & Swiss Cheese, Crumbled Bacon & Hard Boiled Egg.

Chicken Caesar Salad... 8.25 Romaine Lettuce tossed with Asiago . Cheese, Tomatoes & Caesar Dressing topped with Croutons.

Grilled Chicken Salad... 8.25

Our Garden Salad, topped with our "No Antibiotic" Chicken.

"Wet Your Whistle"

Fountain Sodas 16.oz... 1.95 20 oz... 2.25

Freshly Brewed Sweet & Unsweetened Tea

Orchid Island OJ... 2.50 ~ Orchid Island Flavors... 2.50 ~ Snapple... 2.50

Can Sodas...1.00

RX Drinks... 2.50 ~ Gatorade... 2.50 ~ Water... 1.50 ~ Vitamin Water... 2.50

Iced Coffee... Vanilla or Mocha... 2.25

"Homemade Baked Pastries!!"

Cinnamon Crunch... 1.75 ~ French Toast Crunch... 1.75

Mini Brownies, Cookies... .75 ~ Muffins... 2.95 ~ Croissants...1.50

Gluten Free, Vegan or Sugar Free Muffins... 3.50

NOW AVAILABLE...

Custom Cakes, Cupcakes, Cookies and Pies.

FOR MORE INFORMATION PLEASE VISIT US ONLINE AT:



instagram@sweetsencakes



Subject to Availability "All Prices Subject To Change"

www.BagelBreakDeli.com

Cedar Point Plaza 2395 S E Ocean Blvd. Stuart, FL 34996

Tel: (772) 600-5860 Fax:(772) 600-5960 Market Place Square 3187 NW Federal Hwy. Jensen Beach, FL 34957 Tel: (772) 692-3366 Fax:(772) 692-2669



STUART • JENSEN BEACH

Our Bagels Are Made Fresh Every Day By OUR Bakers...Yep!!
Bags Of Flour, Fresh Ingredients, Hand Stretched, Kettle Boiled
And Baked In Our Stone Oven!!

BagelBreakDeli.com





#bagelbreak3

MINI BAGELS AVAILABLE 8.95 Dozen (ONE DAY Notice Required~ PERFECT for Parties !!)

*Bagels By The Bag

Each ...99 Cents

6 Bagels...5.75

Bakers Dozen ...10.95

Cream Cheese ½ lb. Tub

Plain Reg or Low Fat... 3.25 Scallion... 3.75 Veggie/ Olive/ Garlic Herb Walnut Raisin...4.00 Nova Lox spread...5.50 Create Your Own Flavor... 4.00

Plain * Sesame * Everything * Poppy * Salt * Marble * Rye
Onion * Blueberry * Sundried Tomato * Banana Nut
Multi-Grain * Wheat * Egg * Garlic * Pumpernickel * Spinach
Asiago * Jalapeno * Chocolate Chip * Cinnamon Raisin
Bialys * Cran Orange * Oatmeal / Walnut / Raisin

All Subject To Availability

Ask us about our Party Trays & Platters!!

Good Morning Coffee... Fresh Ground & Brewed

Small (12 oz.) 1.75 Medium (16 oz.) 1.95 Large (20 oz.) 2.25 Cuban Coffee 1.50 Cafe Con Leche (12oz) 2.79 (16 oz) 3.49 Iced Coffee (16 oz) 1.95 (20 oz) 2.25 Iced Tea (16 oz) 1.95 (20 oz) 2.25 Hot Tea, Reg, Green, or Decaf, Hot Chocolate... (12oz) 1.75 (16oz) 1.95

Bagels Topped With... (We Split & Toast Your Bagel)

Butter & or Jelly 1.75 Plain Cream Cheese 2.25

Flavored Cream Cheese 3.25....

Scallion, Veggie, Green Olive, Garlic Herb, Walnut Raisin
Peanut Butter & or Jelly 2.25 Honey Butter 2.70

Nova Lox Cream Cheese 4.75

Sliced Nova Lox & Cream Cheese On A Fresh Bagel with...

Tomato, Onion, Capers & Lemon Served Open Face 11.25

#1 Omelets Create Your Own

3 Fluffy Eggs Served w/Home Fries, Grits, Sliced Tomatoes or Fruit, Choice of Buttered Bagel, English Muffin or Toast Select Up To 3 Items... 7.75

Ham Sausage Bacon Tomato Onion Spinach Bell Peppers Mushrooms Jalapenos Salsa Cheddar American Provolone Swiss Feta Asiago

For Egg White Lover Only... Add 1.00 Extra Items .60c each

Good Ol' Favorites

Western Omelet... 8.25 Ham, Bell Peppers, Onion & Cheese. Mexican Omelet... 7.95 Jalapenos, Onions, Peppers, Salsa, & Cheddar Cheese.

Veggie Omelet... 7.95 Tom, Onion, Shrooms, Spinach, Peppers & Cheese. Philly Cheese Steak Omelet... 8.25 Shrooms, Onion, Peppers, Provolone. Nova Lox Omelet... 11.25 Lox, Onion, Tomato, Provolone & Capers. Country Omelet... 8.50 Bacon, Ham, Sausage, Onion & Cheese. Spinach Medley... 7.95 Spinach, Shrooms, Tomato & Feta Cheese. Kick'n Chicken...8.50 Shredded Seasoned Chicken, Onions, Mushrooms, & cheddar cheeses. Served with a Side of Salsa

#2 Pancake Special... 6.25 (Such A Deal)

2 Eggs, 2 Pancakes or 2 slices of French Toast & Choice of Bacon, Ham or Sausage.

#3 Veggie Omelet Sandwich... 4.95 (As a Wrap w/ 2 Eggs 5.95)
Tomato, Onion, Mushroom, Spinach, Peppers & Cheese

#3 Western Omelet Sandwich... 4.95 (As a Wrap w/ 2 Eggs 5.95)
Ham, Onion, Bell Peppers & Cheese

#3 Breakfast Sandwiches Croissant Sandwich Add 1.00 Extra Egg Add 1.00

Egg on a Bagel... 3.25 ~ Egg & Cheese... 3.75 ~ Egg & Bacon, Ham or Sausage... 4.25 ~ Bacon, Ham or Sausage Egg & Cheese... 4.50 Pastrami or Steak, Egg & Cheese... 4.75 ~ Pork Roll... 4.75

Breakfast

Breakfast Wrap... 4.95 (In a Plain Tortilla) 2 Eggs, Cheese & Bacon, Ham, Sausage or Steak

New!! Loaded Wrap... 5.45 (In a Plain Tortilla) 2 Eggs, loaded with your choice of Bacon, Sausage, Ham or Steak, Shredded Cheddar with Home Fries.

#4 Breakfast Special... 5.25 Couple of Good Eggs Served W/Home Fries,
Grits Fruit or Sliced Tomatoes Choice of buttered Bagel, English Muffin or Toast & Small

Grits, Fruit or Sliced Tomatoes. Choice of buttered Bagel, English Muffin or Toast & Small Coffee... Add a side of Bacon, Ham or Sausage 1.75 Plain Cream Cheese 1.00

*NEW Breakfast Skillet...6.25

Egg Whites or Egg Beaters Add 1.00

Home Fries with Peppers & Onions Topped with 2 Over Easy Eggs & Chedder Cheese Choice of Bagel, Toast or English Muffin.

#5 Pancakes... 4.95 Three Huge Buttermilks W/ Butter & Syrup Blueberry or Chocolate Chip Pancakes Add 1.25

#6 French Toast... 4.95 3 Slices of Texas Toast with Cinnamon, Powdered Sugar & Syrup. Add Mixed Berries with whipped cream 1.25

#7 Two Biscuits n' Gravy... 4.50

#7.5 One biscuit n' gravy with 2 eggs any style only...4.95

#9 Southern Biscuit n' Gravy...6.50 Two Eggs any style On top of a Split Biscuit. Covered with Sausage Gravy & Home Fries Topped with Cheddar Cheese

#10 Corn Beef Hash... 5.95 An American Favorite, A huge pile of Corn Beef Hash topped with 2 eggs any style. Also a Buttered Bagel, English Muffin or Toast.

Junior Bagel Breaker's (10 & Under)

Junior French Toast... 2.99 1 slice. Dusted with Powdered Sugar Bacon or Sausage.

Junior #2 ...3.25 1 French Toast or 1 Silver Dollar Pancake & 1 Egg scrambled, choice of Bacon or Sausage.

Logan's Favorite... 2.99 3 Silver Dollar Pancakes with Sausage or Bacon.

Junior Breakfast Special... 2.99 1 Egg scrambled, Bacon or Sausage, Home fries & Toast

Junior Bagel Breaker's Lunch

Grilled Cheese Sandwich... 2.75 Choice of Bread, served with Chips. Peanut & Jelly Sandwich... 2.50 Choice of Bread, served with Chips. Turkey or Ham Sandwich... 2.75 Choice of Bread, served with Chips.

Just Stuff on the Side...

Mike's Loaded Home Fries...2.95 Bacon, Scallions, Cheddar,

Ala Carte Eggs...1.00 Each ~ Pork Roll... 1.95 ~ Side of Bacon, Ham or Sausage... 1.75

Home Made Home Fries...1.75 ~ Corn Beef Hash... 2.75

Side of Cream Cheese/ Plain... 1.00 - Flavored... 1.25 Lox... 2.25 (2oz)

Bowl of Oatmeal... 2.50

Loaded Oatmeal with Brown Sugar Raisins & Walnuts... 3.50
Cold Cereal (See Our Selection) 1.75 Grits 1.75 Cheese Grits 2.25
Loaded Grits with Bacon Cheddar Scallions 3.50

Yogurt Topped with Mixed Berries & Granola 3.95 ~ Fresh Fruit Small 1.75 Large 3.25

Boars Head Brands Sandwich Board

Bagel Sandwiches 7.50 Subs 7.75 Wraps 7.75

All Sandwiches Served With: Boars Head Pickle Spear & Choice of Potato Salad, Macaroni Salad, Cucumber/Tomato Salad, Fruit Salad, Coleslaw or Chips

1st..."Choose From Our Selection of Meats (1) And Cheeses (1)"

Deluxe Ham ~ Roasted Turkey ~ Roast Beef ~ Top Round Corn Beef
Top Round Pastrami ~ Genoa Salami ~ Spicy Capocolla Ham
White Tuna Salad (Little Mayo) ~ Chicken Salad ~ Egg Salad
Cheddar ~ Swiss ~ Provolone ~ American

2nd... Choose From:

Lettuce, Tomato, Red Onions, Pickles, Black Olives,
Banana Peppers, Jalapenos, Mayo, Deli Mustard, Honey Mustard,
Horse Radish Sauce, Oil & Vinegar

Specialty Sandwiches

All Sandwiches Served With: Boars Head Pickle Spear & Choice of Potato Salad, Macaroni Salad, Cucumber/Tomato Salad, Fruit, Coleslaw or Chips

CJ's Club... 7.95 Ham, Turkey, Provolone & American Cheese, Bacon, Lettuce, Tomato, Mayo on Grilled Rye

Turkey Bacon Ranch... 7.95 Topped with Provolone, Lettuce, Tomatoes, Banana Peppers, Red Onions & Ranch Dressing

NEW!! Stacked to the Max Club 8.25 Boars Head Ham, Turkey, Bacon, Swiss & American Cheese with Lettuce, Tomato & Mayo, Stacked High on 3 slices of Toasted White, Wheat or Rye Bread.

BLT... 7.50 Piled High with Boars Head Bacon, Lettuce, Tomato & Mayo.

Roast Beef Melt... 7.95 Roast Beef, Topped with Melted Cheddar Cheese, Tomato and Horse Radish Sauce.

Reuben... 7.95 Cornbeef, Swiss Cheese, Sauerkraut & Thousand Island Dressing on Grilled Rye (*The Best !!*) One of Our Local Favorites

Turkey Reuben... 7.95 Prepared Same As Above with Oven Roasted Boars Head Turkey

Rachel... 7.95 Same as the "Reuben" But Made with Pastrami & Coleslaw Just Delicious!!

New!! Rachels Sister... 7.95 Steamed Turkey, Provolone, 1000 Islands Dressing Covered with Coleslaw in Between Grilled White Bread.

Grilled Chicken Breast...8.25 Topped with Lettuce, Tomato, Red Onion & Mayo on a Bun (or Bagel)

CJ's Grilled Chicken Breast...8.50 (Awesome!!) Smothered with Sautéed Mushrooms 'n Onions, Bacon, Swiss Cheese & Topped with Lettuce, Tomato & Mayo

Ol' Fashioned Grilled Cheese on Texas Toast... 5.95 Add Bacon & Tomato...1.50

Tuna Melt... 7.50 Fresh Homemade Tuna Salad Topped with Tomato & Melted Swiss on Grilled Rye

"CHECK OUT OUR DAILY SPECIALS"

Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborn illnesses, especially if you have certain medical conditions.